

# TIE-DYE

## Techniques

FREE  
INSPIRATION!



**HOBBY LOBBY**®

*Show Off Your Groovy Side*  
WITH KALEIDOSCOPIC T-SHIRTS!



## TIPS AND TRICKS FOR TIE-DYEING

- Prewash your shirts before dyeing them to remove stiffness and guarantee the dye absorbs properly. Plus, once they're washed, they're the perfect dampness for tie-dyeing!
- You can tie-dye dry shirts. Just know that your colors won't spread or blend as much and the final designs will have sharper lines.
- Protect yourself and your work station! The dye is permanent and can stain hands, clothes and other surfaces, so wear gloves and an apron and use a table covering.
- Dyes will spread across damp fabric, so leave a small amount of space between colors to allow them to blend together without looking muddy.



# STRIPES

## STEP 1

Lay damp shirt flat. Accordion fold across entire shirt.

**Note:** Vertical folds will result in horizontal stripes, and vice versa.



## STEP 2

Secure shirt with rubber bands, evenly spacing them to create desired number of stripes.



## STEP 3

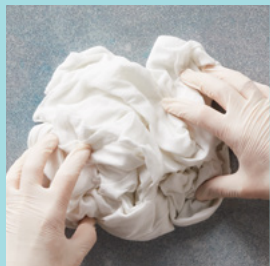
Apply dyes to shirt and place in plastic bag for 6-8 hours. Remove rubber bands, then rinse, wash, and dry shirt.



# ICE

## STEP 1

Crumple up damp shirt.



## STEP 2

Place shirt on rack over tub or bucket to catch melting ice. Cover shirt with ice, then pour dye over ice and let melt completely.



## STEP 3

Rinse, wash, and dry shirt, then add iron-on design as desired.



# RAINBOW ARCH

## STEP 1

Lay damp shirt flat.  
Draw arches with  
disappearing ink pen.



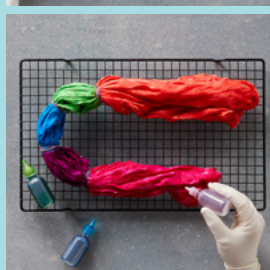
## STEP 2

Accordion fold shirt along  
arches and secure with  
rubber bands.



## STEP 3

Apply dyes to shirt and place  
in plastic bag for 6-8 hours.  
Remove rubber bands, then  
rinse, wash, and dry shirt.



# HEART

## STEP 1

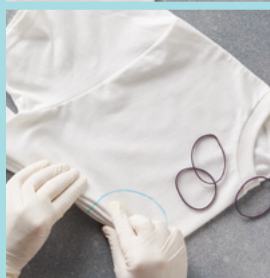
Fold damp shirt in half  
lengthwise. Draw half  
heart along crease with  
disappearing ink pen.



## STEP 2

Accordion fold shirt along  
half heart, and add rubber  
band around folded line.

**Note:** This first rubber-  
banded section will be the  
center of the heart.



## STEP 3

Continue adding rubber  
bands along shirt as desired.  
Apply dyes to shirt and place  
in plastic bag for 6-8 hours.  
Remove rubber bands, then  
rinse, wash, and dry shirt.





## SPIRAL STEP 1

Lay damp shirt flat. Tightly twist fabric until entire shirt is spiraled.



## STEP 2

Crisscross three rubber bands as shown to secure spiral. Apply dyes to shirt and place in plastic bag for 6-8 hours.



## STEP 3

Remove rubber bands, then rinse, wash, and dry shirt. Add iron-on design as desired.



## BULL'S EYE STEP 1

Lay damp shirt flat. Pinch center of shirt and pull fabric upward into cone shape.



## STEP 2

Place rubber band about 2" below tip of cone, and continue adding rubber bands along shirt. Apply dye to shirt and place in plastic bag for 6-8 hours. *Tip: The more rubber bands you add, the more rings your bull's eye will have.*



## STEP 3

Remove rubber bands, then rinse, wash, and dry shirt. Add iron-on chenille letters as desired.

